

The Three days of the Triduum is one Liturgy, One Movement. We begin with Holy Thursday of the Lord's Supper, and will then visit Jesus in the garden where we will keep watch with Him. No final post Communion Blessing until the Easter Vigil.

**Holy Thursday** – Take and Eat: This is my body (Institution – **Priesthood/Mass**, We participate in the marriage banquet with Christ the Bridegroom). And the Priesthood nourishes the faithful with the Sacraments.

- Jesus strays from the Seder script and institutes the **Eucharist** so that we might receive Him **now**. – Mass is a union with God (Indwelling) – In Love God desires to walk with us now, in the present.

**Good Friday** - **On the Cross Jesus gives Himself as a gift. He gives everything. He gives His life** - All for love – What you see on the Cross is the greatest act of love, because the Father, out of love, sent the Son all the way into our human condition - In that sense, the Cross was necessary for our salvation since it **allowed Jesus to enter into, and redeem every aspect of our human condition and experiences – For God is Love.**

**Holy Saturday** – We wait - In Silence - Where is the King who gave us Himself?  
-The Tomb – The Day Jesus is bestowing Grace on those who have died.

**Easter Vigil** – The Empty Tomb & Resurrection – Baptism (We enter the death and resurrection of Jesus) – Confirmation (The fullness of the Holy Spirit at Pentecost) – And Now she will receive the author of Love – His very presence in the Holy Eucharist – An Indwelling of Jesus, who is the light and our life.

**-Salvation History** simply allows for God, who loves Israel, to show the world His fullness (Becoming man) and fulfilling the covenant thru the Church & Shows us a Father's love thru His Son's sacrifice for each of us – He desires us to know a person – who is transcendent and intimate – otherworldly – but close – God is Love.

God begins with Israel and slowly reveals Himself...From Genesis and creation to the Gospels and the eyewitnesses...From Transcendence to Intimacy.

-Note how the Covenantal Signs move from external to the interior of the heart.  
-Noah (Rainbow); Abraham (Circumcision); Moses (Law); Jesus (Law and Circumcision is now interior – the heart).

-Also note how God spoke through various people (Moses, Prophets – and now Himself through the Son, Jesus).

-Incarnation is the game changer: We have now seen God though Jesus. We can come to know God and Receive Him (taste, touch & See) through the Sacraments and Liturgy)...Jesus through the Spirit makes God real and present.

**-This Easter is a Reminder**; Jesus desires to nourish you throughout the year in the Sacramental life of the Church – In Sanctifying Grace – moving us each day towards a wholeness of life, Spirit, and Being - Jesus wants you to know Him... To touch you – Heal you – Give you purpose & hope – To give you LIFE!